DO YOU NEED TO ISOLATE?

You're coming back to Eeyou Istchee from an area of risk

Are you fully vaccinated (2 doses)?

YES
2 doses

You **don't have to isolate.**

Get a COVID-19 test 5 days after you get back.

People who live with you but who didn't travel with you (including children) **don't have to isolate**, regardless of their vaccination status.

Wear a medical mask in both indoor and outdoor settings for 7 days. This includes at home, if physical distancing can't be maintained.

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For 7 days, **limit social interaction** to essential activities and avoid large gatherings.

NO
1 dose only or unvaccinated

You **must isolate** for 10 days. You can isolate in your home with appropriate protective measures.

Get a COVID-19 test 5-7 days after you get back.

People who live with you **may have to isolate as well.** Consult the isolation guidelines for details. People who live with you (including children) have to isolate if they are unvaccinated or partially vaccinated (1 dose). If they are fully vaccinated and have proof of vaccination they are not required to isolate.

Wîchihîtuwin patients and escorts who travel by charter:

- Ask your liaison nurse for further instructions.

CBHSSJB employees:

- Ask HR (Pre-departure evaluation team) for additional directives.

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CONSEIL CRI DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA BAIE JAMES
CREE BOARD OF HEALTH AND SOCIAL SERVICES OF JAMES BAY

For more information:
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